



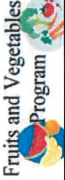
Laconia Elementary School Menu - December 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Choice of cold cereal, Muffin, fruit, juice, milk	2 Mini Maple pancakes, 4 oz yogurt Fruit, juice, milk	3	4 Cinnamon roll, fruit, juice, milk
	Breakfast Bar, Yogurt and String Cheese	Tuna salad on whole grain		Bagel, CC, yogurt, and string cheese
	Chicken tenders Dipping sauces Brown rice Side salad White whole grain roll Fresh or chilled fruit	French toast sticks Sausage links Hash brown patty Fresh or chilled fruit		Gill's Fresh Pizza Side salad Fresh or chilled fruit Chef's choice dessert

7	8	9	10	11
Cinnamon roll, fruit, juice, milk	Bacon, egg and cheese breakfast sandwich, fruit, juice, milk		Choice of cold cereal, muffin, fruit, juice, milk	
Bagel, CC, yogurt, and string cheese	Turkey wrap		SunButter & Jelly on WG & yogurt	
Gill's Fresh Pizza Side salad Fresh or chilled fruit Chef's choice dessert	Spaghetti & Meatsauce Texas toast Side salad Fresh or chilled fruit		Oven roasted chicken Mashed potatoes Corn Whole grain roll Fresh or chilled fruit	

14	15	16	17	18
Mini Maple pancakes, 4 oz yogurt, fruit, juice, milk	Cinnamon roll, fruit, juice, milk		Cinnamon roll, fruit, juice, milk	BEC breakfast sandwich, fruit, juice, milk
Breakfast Bar, Yogurt and String Cheese	Breakfast Bar, Yogurt and String Cheese		Tuna salad on whole grain	Bagel, CC, yogurt, and string cheese
BBQ chicken strips Cole slaw Baby carrots Ranch dip Breadstick Fresh or chilled fruit			Soft shell beef taco Cheese Sour cream Salsa Black beans Fresh or chilled fruit	Galaxy Pizza Side salad Fresh or chilled fruit Chef's choice dessert

21	22	23
BEC breakfast sandwich, fruit, juice, milk	Chef's choice breakfast	
Bagel, CC, yogurt, and string cheese	Chef's choice alternate	
Galaxy Pizza Side salad Fresh or chilled fruit Chef's choice dessert	BBQ pulled pork sandwich Potato puffs Baked beans Baby carrots/Ranch cup Fresh or chilled fruit	
Have a great Winter Vacation		

In school and remote meals are provided AT NO CHARGE. This is the in-school menu - remote meals will vary.	Free after school snacks and suppers available to all students participating in PM activities sponsored by 	Free morning snacks for all elementary students provided by the: 	USDA is an equal opportunity provider and employer.
--	--	---	--